

Basic Sailing Concepts: A Brief Introduction to the Sport Pick any breezy Michigan day, look across the lake and chances are you will see sailboats gliding effortlessly through the water. To the uninitiated observer, their movements can appear puzzling or even random. They seem to operate by an invisible set of rules different from other watercraft. Yet for thousand of years, sailing vessels such as sailing canoes, clipper ships and modern sailboats have shared the basic physical principles of harnessing the wind. This session will provide a basic introduction to the modern sport of sailing as well as an orientation to the underlying principles of how sailboats work.

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